#### Dominican Hospital Foundation. A Dignity Health Member

### **Dear Community Members**

To begin with, I would like to thank Ted Burke for taking the helm as president of the Foundation for the past two years. Ted set a high bar for involvement and thoughtful consideration, and followed through with effective action. I, too, take this position seriously and will be working to better and advance the Foundation. All that we do is focused on providing the best possible patient care to our community.

It is going to be a year of grand openings with the gardens going in, the surgery waiting area to be completed, and the new fitness center realized. It is always nice to see the results of our work and donations. We had a very good start to the year with the groundbreaking of Phase 1 of our Healing Courtyards Initiative. This project is going to have a very significant impact on the environment in the hospital along with important clinical outcomes. Read on to learn more about this initiative.

We are making good progress on our Comprehensive Cardiac Operating Suite with two recent gifts of \$500,000, totaling one million dollars. The matching grants have been received from the Monterey Peninsula Foundation, host of the AT&T Pebble Beach Pro-Am and PURE Insurance Championship, and an anonymous donor. This means funds raised at our Holidays d'Eleganz, benefiting cardiac care, this year are doubled in value.

Going forward, we will be focused on building more relationships, and working with our grateful patients. We ended last year very well, exceeding our fundraising goal for the year by 30 percent or \$545,000. A total of \$2.28 million was raised and \$2.27 million was transferred to the hospital for various initiatives.

As always, we welcome your involvement. Please get in touch with us if you would like to participate or take a tour with Foundation staff.



With appreciation,

Carol Lezin, President Dominican Hospital Foundation

# Board of Directors 2017–18

Carol Lezin, President Ted Burke, Past President Jared Bogaard, Vice President Allison Niday, Vice President Jim Thompson, Vice President Don Jackson, Treasurer Michael Alexander, MD, Secretary

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### The Dominican Hospital Foundation Welcomes New Board Members

We would like to welcome and recognize the four incredible individuals who are joining our board of directors this year.

#### **Steve Garrett**

Steve Garrett, born and raised in Watsonville, is son of strawberry farmers Darrell and Terry Garrett. Five years after graduating from high school, he acquired his own acreage and currently farms both organic and conventional raspberries, blackberries and blueberries. Steve previously served on the Pajaro Valley Water Management Agency and on the California Strawberry Commission. Steve and his wife, Patty Donatini Garrett, live in Corralitos and have two children, Ryan and Miles, plus Patty's two daughters, Rachel and Heather, and granddaughter Taylor Ann. Steve enjoys golfing, fishing, snow skiing, and his motor home.

### Bill Hess, MD

Dr. Bill Hess is a native of West Virginia. He received his degree in Zoology from Ohio University and attended West Virginia University School of Medicine. He did his surgical internship at LA County USC and anesthesia residency at Penn State University Medical School. Dr. Hess taught at West Virginia University for two years as an Assistant Professor. He then moved to Truckee and worked for five years at Tahoe Forest Hospital. He came to Santa Cruz in 1983, where he instituted the first chronic pain clinic and started the acute pain service with the Anesthesia Medical Group of Santa Cruz Physicians. He has three children and five grandchildren all of whom live in Santa Cruz. Dr. Hess founded the Foundation's Physicians Pteron Society in 2004. He is now retired and likes to play tennis, golf, and cycle.

### Patricia Kubo Lezin, MD

Dr. Patty Kubo Lezin is an active member of the Healing Courtyards Committee and Physicians Pteron Society, and was instrumental in the design of the Foundation offices. She is a practicing anesthesiologist and currently on staff at Cypress Outpatient and Green Valley Surgery Centers. She started her practice at Community Hospital of Santa Cruz in 1979, and then moved to Dominican Hospital and Sutter Maternity and Surgery Center. Dr. Kubo received her medical training at UCLA , specializing in Pediatrics and Anesthesiology. She has volunteered her medical services for two rotary missions in Guatemala. Dr. Kubo has three children and lives in Santa Cruz.

### **Nancy Stuart Woolf**

Nancy Stuart Woolf grew up in Huron on a farm known as Woolf Farming Co. where her family grows tomatoes, almonds, and pistachios. She graduated with a degree in art history from UCLA and then studied early education at USC. After moving to Santa Cruz, she served on the UCSC Arboretum, Friends of Hospice, and the Museum of Art and History boards. She has three children and resides in Santa Cruz. She is an active member of the Healing Courtyards committee. She became very interested in Dominican after a tour in 2013.







### Shovels Turn for Healing Courtyards

Above: Groundbreaking of the Maureen and Norman Benito Surgery Courtyard. Pictured left to right: Ed McNamara, MD, Sarah Edmundson, RN, Nancy Woolf, Jim Murray, Ken Morena, Maureen Benito, Patty Kubo Lezin, MD, and Joe Burton, Healing Courtyards Chair.

The Dominican Hospital Foundation hosted a special groundbreaking ceremony for the Healing Courtyards Initiative on Sunday, Aug. 13.

The ceremony marked the beginning of construction for Phase I of the initiative, which includes the Norman and Maureen Benito Courtyard, the Central Surgery Lounge, Consult Room donated by Michael and Denine Butcher, the Isabel Wallace Bartfield Terrace, and the Monterey Peninsula Foundation Rehabilitation Garden.

"This is a milestone for the Dominican Hospital Foundation," said Foundation President Carol Lezin. "It's a project that will be transformative for the hospital and have great impact on visitors, patients, employees, and physicians."

"Being in the hospital can be stressful, and stress can negatively affect recovery," said Dominican Hospital President Nanette Mickiewicz, MD. "Nature has the power to calm and uplift the spirit, which can help reduce mental and emotional fatigue and lead to better outcomes for our patients. We are thrilled to bring this additional aspect of patient care to our community."

The landscape architect team at Joni Janecki and Associates (with special appreciation to Amy West) was recognized for the design on both the garden and courtyard areas, as was FTG Contractors for the construction. HGA Architects was mentioned for the design of the Central Surgery Lounge adjacent to the courtyard, with special thanks to Michelle Chavez. Construction on the Central Surgery Lounge will be done by Bogard Construction with Chip Bogaard serving as project manager for all aspects.

Phase II construction is expected to begin in spring, and will include the Dr. Joseph T. Anzalone Family and Newborn Care Courtyard and the Pamela and Nello Santacroce Meditation Garden.

To date, \$4 million has been raised from the community for the project, which represents 90 percent of the goal. Naming and recognition opportunities for the Healing Courtyards Initiative are still available.

Please contact Beverly Grova, Vice President of Philanthropy, at 831.462.7712 to learn more.

# Special thanks to our Healing Courtyards Committee

Joe Burton, chair; Dr. Keith McKenzie, vice chair; Chip Bogaard, Michael DeArmond, Sarah Edmundson, Mike Flynn Jr., Monica Hamilton, Michael Hollister, Carolyn Hyatt, Janet Krassow, Mary Ellen Leciejewski, OP, Carol Lezin, foundation president; Dr. Patty Kubo Lezin, Jared Marks, Ken Morena, Timothy Morgan, and Nancy Woolf

#### Groundbreaking Reflection

by Sister Rita Eileen Dean, VP of Mission Integration

Today is a most unusual day, because we have never lived it before, we will never live it again, it is the only day we have.

We gather today to thank God as we break ground for our healing gardens which will provide a place of refuge, and promote healing in our patients, families, and staff.

Viewing nature provides a time for reflection. It reduces stress and anxiety and plants offer psychological comfort. As all the earth is a garden, Lord, we ask that you bless this small piece of earth. As your light shines upon us and upon the garden, giving us life, likewise help us give light and life to others.

We ask your blessing on the water that will nourish this garden and bless the soil that nourished new life in this ground.

We are filled with awe at the transformation this space will undergo. We are grateful for the designers and workers who will make this possible through their skill and dedication. We are grateful to our generous benefactors who have helped make this a reality.

May this garden be a sign of our commitment to the future, as we carry our mission of healing, advocacy, and partnering with others to improve the quality of life in our communities.



Plantronics CEO and Healing Courtyards chair, Joe Burton, speaks about the Monterey Peninsula Foundation Rehabilitation Garden and the benefits it will have on patient care.



Maureen Benito's family joined her for the groundbreaking of the Norman and Maureen Benito Courtyard. From left to right: Gary Benito, Valerie Benito, Camille Niven, Corinne Niven, Maureen Benito, and Emily Benito.



Turtles and fish will take a staycation at our Frederick Street pond while the Norman and Maureen Benito Courtyard is under construction. They will be brought back once the newer, bigger pond is finished.

# Physicians Pteron Society: Doctors' Donations Make a Difference

Over 100 physicians who are members of the Dominican Hospital medical staff and their guests enjoyed an evening of laughter and fun during a special spring event at the Colligan Theater. The event was hosted by the Physicians Pteron Society and the Dominican Hospital Foundation as a show of appreciation for the physicians' work and commitment to the community. The evening featured comments on the purpose of the Physicians Pteron Society from member Rajinder Singh, MD, and an exclusive dress-rehearsal production of the A.R. Gurney comedy "Sylvia," following a lively indoor/outdoor wine reception.

The Physicians Pteron Society consists of 58 physicians who provide philanthropic leadership for key hospital initiatives through annual contributions of \$1,200 or more to the Dominican Hospital Foundation. Bill Hess, MD, retired physician and Physicians Pteron Society founder, is the new Chair of the Physicians Pteron Society. "It is great to see the strides made by Dominican Hospital in the last decade and the impact physician support has had. I look forward to working with the Dominican Hospital Foundation to increase membership and program support," says Dr. Hess.

Recent areas of impact include supporting the renovation of the hospital's surgery waiting area. Generous challenge gifts of \$100,000 and \$50,000 respectively from Foundation Board member Jim Thompson and Plantronics have been met with thirty physician gifts of \$5,000 each. The Society also supports the Cabrillo College Health Careers Academy, a program for students that provides hands-on hospital experience and scholarships.

For information about the Physicians Pteron Society, call 831.462.7712.

It is great to see the strides made by Dominican Hospital in the last decade and the impact physician support has had."
—Bill Hess, MD



Ted Burke, past Foundation president, and Nanette Mickiewicz, MD, Dominican Hospital president, before curtain call.



Steve Plumb, MD, Fred Tomlinson, MD, Jessica Santillano, MD, and Monika Lim, PA, during the reception.



Physicians Pteron Society members and their guests enjoy a reception before a dress rehearsal performance at the Colligan Theater.



Julie Jaffe, MD, left, is proud to be a member of the Physicians Pteron Society. Also pictured are Adrienne Piennette, OP, and Rita Dean, OP.

*C* By joining together as physicians we can truly make an impact that benefits the health and well-being of our community."

—Julie Jaffe, MD

During the fall 2017 Physicians Pteron Society event, members were welcomed by Peter Vizzusi, owner of Magic Sands Studio, for a demonstration of glass-blowing techniques. Pictured left to right: Dean Kashino, MD, and Frances Kashino, Carlos Arcangeli, MD, Michael Ellison, MD, and Jay Johnson, MD.



# A Legacy of Learning



### The Jon E. Nadherny/Calciano Symposium celebrates its 20th anniversary

In fall of 1995, shortly after graduating from college, the son of retired Dominican Hospital cardiologist Anthony Calciano, MD, and Linda Calciano, PhD, committed suicide. He was only 23 years old.

"Our family was devastated," says Linda, who also serves as a board member of the Dominican Hospital Foundation. "Myself, I wanted to fall apart. I knew I had to find some way for us to focus and turn that emotional energy into a positive journey for the family, but I didn't know what that journey was at the time."

Linda and her husband met with Bob Semas, former executive director of the Dominican Hospital Foundation, to find a way to commemorate their son and prevent other similar tragedies from occurring in the future. Together, they created the Jon E. Nadherny/Calciano Memorial Youth Symposium, which provides ongoing education to medical professionals, students, and the community about mental health and other relevant issues facing our youth.

To involve more young people, Linda and the Symposium Advisory Board set up a scholarship program, allowing interested high school and college students to attend.

The previous 19 symposia covered a range of topics, from substance abuse to bullying, and featured a variety of world-renowned speakers. The 20th annual symposium in March 2018 will focus on the effects and treatment of post-traumatic stress disorder.

•• Over the past twenty years, the symposium has had such an incredibly positive effect on my family and the community. I hope it continues to grow, because the ultimate goal, for myself and my family, is to prevent suicide. An endowment helps to support the program, funded by numerous community members over the years. Their donations are very much appreciated." —Linda Calciano, PhD

To register or learn more about the upcoming event on March 2, 2018 visit supportdominican.org/symposium



2017 Scholarship recipients and family at this year's Jon E. Nadherny/Calciano Symposium (from left to right): Andrew Villamil, Alexandra Bergman, Lily Stolz, and Nicholas Calciano.



Murat Pakyurek, MD, and Catherine Fassbender, PhD, presented on ADHD.



Julie Schweitzer, PhD, discussing diagnosis and treatment of ADHD.

# Integrating Massage and Meditation at Dominican

Relaxation and rejuvenation are the goals of two new massage and meditation programs offered at Dominican Hospital thanks to the Dominican Hospital Foundation's efforts. Massages and meditation for both patients and oncology staff are available at the Infusion Center housed in the Mary and Richard Solari Cancer Center. A second program offers massage to hospital visitors and their family members, employees, and physicians, located on the mezzanine above Dominican Hospital's main entrance and lobby.

"We are very excited to be offering massage therapy at Dominican Hospital and at the Mary and Richard Solari Cancer Center," said Eric Hand, Supervisor of Lifestyle Management at Dominican. "Massage can decrease stress and anxiety. These programs align perfectly with our commitment to humankindness."

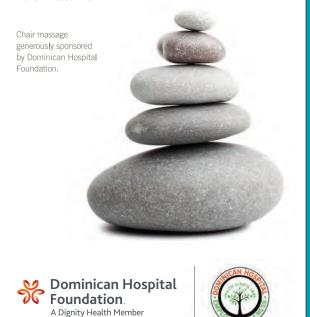
An \$18,000 grant from the Adrian Dominican Sisters helps to fund the new \$40,000 massage therapy and meditation program in the Infusion Center. "While meditation and massage don't treat the cancer itself, they help reduce the side effects caused by conventional treatments and improve quality of life and well-being," said Kathy Finnigan, manager of Oncology Services. For details, please contact the Katz Cancer Resource Center at 831.462.7770.

The Dominican Hospital Foundation provided \$21,000 to start the massage program within the hospital. Modeled on a program at Stanford Medical Center, chair massages will be offered in 15-minute increments for a \$15 fee on weekdays.

For information about hours and appointments, please contact Terri Primavera, wellness coordinator, at Terri.Primavera@DignityHealth.org.

# Relax, Rejuvenate: Take a Massage Break

As you breathe in, cherish yourself. As you breathe out, cherish all beings. -Dali Lama



ANNUAL GOLF TOURNAMENT

# Congratulations to the Winning Teams

**Men's 1<sup>st</sup> Place** Frank Cedarblade, Leonard Kuhnlein Gus Martinez, and Randy Nickles

**Women's 1<sup>st</sup> Place** Jane Arcangeli, Shoshona Taylor, Trisha Timm, and Taleese Yonkers

**Co-Ed 1<sup>st</sup> Place** Anthony Calciano, MD, Nicholas Calciano, Ian Heald, and Riley Jackson

Special Thanks to our Golf Tournament Committee

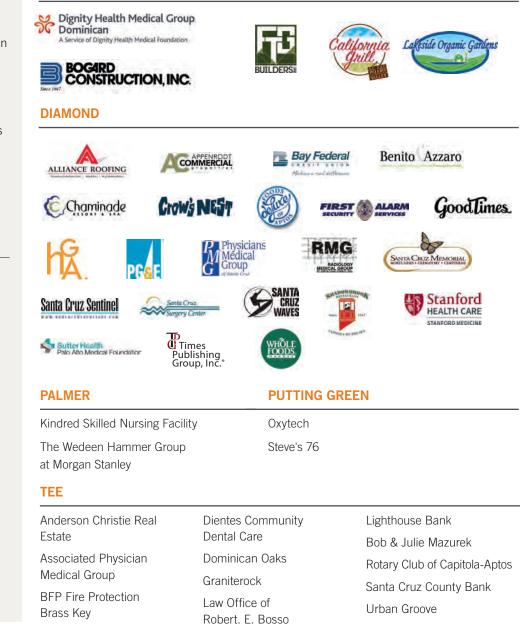
Beth Watkins, Chair Rita Eileen Dean, O.P. George Dies John Fisher Larry Gonzales Bette Harken David Harken Michaella Siplak, O.P.

# **Driving for Heart Care**

The Dominican Hospital Foundation's 16th Annual Golf Tournament, held at DeLaveaga Golf Course, brought together supporters of Dominican Hospital from across the county. This year alone, more than \$65,000 was raised in support of the new Comprehensive Cardiac Operating Suite, which will allow an integrated and multidisciplinary heart team to provide treatment of complex cardiovascular diseases.

### Thank You to Our Sponsors

#### PRESENTING







Leslie Scott, Patient Services Coordinator, and Kyle Middleton, Manager Lab Support Services, handed out homemade chocolatechip cookies and granola bars as "Random Snacks of Kindness" to golfers as they passed hole #8.

Above: "I would like to personally thank those who made this event possible—our generous sponsors and donors, my fellow committee members, and an incredible team of volunteers," says Beth Watkins, chair of the Golf Tournament Committee, pictured with husband Larry.

Right: Dominican Hospital president Nanette Mickiewicz, MD and Susan MacMillan, vice president strategy and business development, made sure to keep golfers hydrated with "Santa Cruz Lemonade," courtesy of Shadowbrook Restaurant, in the flamingo themed golf cart.





**The Annual Healthcare Sponsorship Program recognizes sponsors who give at levels of \$10,000 or \$25,000.** The program is designed to provide significant year-round recognition and exposure to sponsors while improving the health of our community. For more information on how to become involved, please call 831.462.7712 or email Alexandra.VanZanen@DignityHealth.org.



#### Bertoli Family Leaves Legacy

Norma Quilici remembers her sister Emma Bertoli as someone who always looked at the bright side. It is no wonder then that Emma and her late husband Natale would think about helping others beyond their lifetime. Emma worked for 38 years as a switchboard operator for Pacific Telephone and was part of the Ferrari family of Davenport. In July, Dominican Hospital received a \$300,000 bequest from the Bertoli Family Trust for cardiac care and key initiatives thanks to Emma and Natale's generosity. The couple was very fond of the hospital, where Emma received excellent care years back when she spent three months in the intensive care unit due to Guillain-Barré syndrome. The disease left her fully paralyzed and unable to walk, her sister remembered. "The doctors thought there wasn't much hope for recovery, but Emma was able to walk again," said Mrs. Quilici, who spent many more happy years with her sister. The Foundation is truly grateful to the Bertoli Family for the legacy they have left to improve the health of our community.

## **Bob Swenson Legacy Society**

Ted Burke, past president of the Dominican Hospital Foundation, graciously hosted an afternoon reception at his Shadowbrook Restaurant to recognize and thank members of the Bob Swenson Legacy Society for their support. The Swenson Legacy Society honors benefactors who have included Dominican Hospital in their estate plan, leaving a lasting legacy in our community.

Mr. Burke provided an update on recent Foundation accomplishments and Dominican Hospital President

Nanette Mickiewicz, MD, discussed advancements at the hospital. It was a beautiful celebration of our generous community benefactors.

For information about including Dominican in your will or trust, please contact Beverly Grova at 831.462.7712 or Beverly.Grova@DignityHealth.org, or visit dominicangiving.org







Above Left: Guests enjoyed refreshments and connecting with one another during the festive outdoor event.

Above Right: John Fisher, Bob Swenson Legacy Society and Golf Tournament Committee member, who became involved with the hospital at the urging of his late wife Mary who was a hospital volunteer, pictured with retired physician, Bruce Dunn, MD, and Jean Dunn.

Left: Legacy members, Chuck Cowden, Angelo Grova, Josie Cowden, and Linda Calciano, PhD, enjoy the afternoon at Shadowbrook.

# Contact Us

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# Dominican Hospital Foundation

A Dignity Health Member



Now you can commemorate these births in our new maternity courtyard at Dominican.



Maria Jane Taylor BORN DECEMBER 12, 2016 Sample 2"x8" porcelain tile, includes name and birthdate of individual.

A special wall in the Dr. Joseph T. Anzalone Family & Newborn Care Courtyard commemorates babies born at Dominican, Community, or Sisters Hospitals.

Randy and Janet Krassow have created a generous "challenge gift" to match the first 100 gifts of tiles. Please consider purchasing tiles for \$1,000/each to recognize children, grandchildren, etc.

To participate, please call 831.462.7712. Your tax-deductible donation supports Dominican's Healing Courtyards Initiative.



Dominican Hospital Foundation. A Dignity Health Member

www.supportdominican.org